

bottom line = fist hitting flat hand on table.

2nd line from bottom stem up = fist hit table stem down = flat hand hit table

4th space from bottom = hit top of fist Space above staff = snap

Table Routine

1

clap
elbow
hand flap
table
fist

3

clap
elbow
hand flap
table
fist

5

clap
elbow
hand flap
table
fist

6

clap
chest
hand flap
table
fist

snap
top fist

7

clap
elbow
top of hand
table
fist

8

clap
elbow
top of hand
table
fist